

GayLee Stables

GayLee Stables offers after school Riding Workshops for Grades 2-4
and Grades 5-8

Items covered

- Students will learn stable care for horses and daily barn management.
- Learn good grooming techniques.
- Learn the different types of equipment and tack and which types of horses it is used on.
- How to tack up and keep tack clean.
- Safety around horses and the barn.
- General first aid for the horse and rider.
- Different styles of riding.

Students will be assigned a horse/pony and will receive mounted riding lessons. After riding there will be discussions and lessons on the different topics listed above which will then be applied, hands on for the remainder of the session.

Starting 9/22/10, Sessions run on Wednesdays from 3:15-4:30.

Min. 3 students. Max. 5 students per session

The cost of the six week long program is \$210 per student or \$40 per session.

Horseback riding greatly increases focus, balance and confidence.

"The Horse Boy" by Rupert Isaacson and "Animals in Translation" by Temple Grandin

Please register with North Hampton Recreation & sign release waiver

20 Brown Road Hampton Falls, NH 03844

603-926-0008

gayleestables@comcast.net

www.gayleestables.com