

# NORTH HAMPTON RECREATION PASA

“PROGRAMS FOR ACTIVE SENIOR ADULTS”

May 2010

“At my age flowers scare me.  
~George Burns

## Jewel Towne Winery South Hampton, NH

On probably one of the nicest spring days that we’ve had, our PASA group took a short trip to a local winery located 25 minutes south of here to Jewel Towne Winery. What we found there (besides great tasting wine) was a very humble and self-taught owner, who showed us his small vineyard and winery. After tasting a few glasses of either dry or sweet wine, and purchasing a “few” bottles, our small group embarked back to the Seacoast for nice lunch at the Old Salt. Where will we venture to in May????

Hmmmm.... I wonder?????

Mystery Trip, Wednesday, May 26, 2010.



Tai chi has been moved to the United Church of Christ on Tuesdays, until the Town Hall has been renovated.

Thank you to UCC for opening your doors to this very special group.



# North Hampton's Bobbsie Twins



## **Jean Booker**

Born the only child to Mildred & William Barton at Exeter Hospital, NH, Jean grew up in North Hampton & has lived here all of her life.

Jean married Lora Booker in 1945. They met Lora was working on her uncle's farm who Jean was visiting at the time.

She has one son, Rod, two grandchildren, Shari & Sharin & three great-grandchildren, Brandon, Joey & Brody.

Jean was a stay-at-home mom until Rod was in the 6<sup>th</sup> grade. She worked at Hampton Dry Cleaners.

Her favorite memories of North Hampton are attending school at Centennial Hall School and Hampton Academy and riding her bike to the beach.

What she loves most about North Hampton is that besides being a small town, the community & church. It's also close to business and is centrally located to everything.

Her BFF is Frannie Winch, since they were young. They grew up together and both lived on Winnicut Road.

She is also currently the Secretary for the Historical Society.



## **Frances (Frannie) Winch**

Born the youngest child to Cedrick H. & Bertha E. Robinson Dustin, at Exeter Hospital, Frannie was the youngest sister to Cedrick H. Dustin Jr.

Growing up in North Hampton, Frannie explains, was a bit different than it is now. They were able to bike ride to the beach and to Greenland for some ice cream at the Greenlander. With the traffic as it is now on Winnicut, it's impossible.

Alongside her BFF (Best friend forever) Jean Booker, she also attended Centennial School and moved on to Hampton Academy High. "We both grew up on farms. We were farm girls."

She met her husband Wallace at the Winnicut river swimming hole in Stratham. They were married in 1946. They have three children, Deanna Winch, Nancy Carr and Steven A. Winch. She has four grandchildren, Anthony & Stacey (Deanna's kids) & Megan & Amber (Nancy's girls). She became a hairdresser after high school and worked in Exeter at a local salon.

Her favorite things to do was riding bikes with her BFF to the beach and Greenland.

She loves most about North Hampton is its central location and now living in the house that they built next to their old one as its back from the road and traffic. It has been a great place to Raise a family here as the kids could play in the field behind the house, of course, the Beach (although its much different now as the town used to own the beach, now you have to pay).

Frannie is looking forward to her 65<sup>th</sup> High School Reunion which is coming up this June.



# SENIORS MOMENTS PRESENTS... *THE OZ NURSING HOME*

North Hampton's own Mille Guth is a member of the Senior Moments Acting Group which Seacoast Rep sponsors. Come on out and watch the hilarious Senior Moments Troupe!!!

Senior Moments encourages the active participation of seniors in the arts, providing classes in theatre and at least one public performance a season, written and produced by seniors for seniors. Meetings and performances will encourage creativity and provide a platform for senior issues and a celebration of the aging process.

The above statement defines the original mission of Senior Moments: to bring seniors out of their homes and into the community through participation in the arts. Over the years, Senior Moments has developed an outreach program that now takes theatre into the homes and communities of seniors throughout New England.

In the fall of 2003, in partnership with the New Hampshire Risk Reduction Task Force, Senior Moments presented a play titled, *Help Me I'm Falling and I Can't Get Up!*, a series of skits dealing with safety issues related to seniors. The project included 12 performances around the state in 2004 and the group continues to offer this play to interested organizations. *Help Me...* was funded by the New Hampshire State Council on the Arts, New Hampshire Charitable Foundation, and the Endowment for Health.

In 2004, with the help of grants from the Greater Piscataqua Community Foundation (a branch of the NH Charitable Foundation) and the United Way of the Greater Seacoast, Senior Moments performed for and worked with senior groups in assisted living homes, senior centers, day out programs, and senior housing.

Senior Moments in partnership with Seacoast Mental Health Center in Portsmouth, the state REAP (Referral, Education, Assistance and Prevention) Program, and the Dartmouth Hitchcock Injury Prevention Program, developed a presentation titled "There is a Tomorrow" skits focusing on depression and suicide prevention for seniors. This project was funded by New Hampshire Council on the Arts, New Hampshire Charitable Foundation, and the New Hampshire Endowment for Health.

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In September 2007 Senior Moments, in partnership with the New Hampshire Pain Initiative, will launch its newest educational program titled "I Don't Have Time for the Pain." The skits will explain the myths and treatment of chronic pain. 15 performances are scheduled around the state. The Northern Arts Alliance will work with Senior Moments to help present the play in the North Country. This project will be funded in part by the New Hampshire Council on the Arts.

Senior Moments, with over 100 performances (and counting!) has appeared at the New Hampshire Conference on Aging, Maine Senior Expo, AARP, and National Association of the Mentally Ill, New Hampshire Public Radio, as well as a score of community groups and organizations throughout New England.

When they are not touring, Senior Moments meets weekly, writing and preparing its important new work. On July 15th and 16th, the group presented its 7th original play, a murder mystery without a murder called *Where There's a Will. The Oz Nursing Home*, a repeat of our SOLD OUT 2006 show, was presented in September on the Rep's mainstage.

For more information, please contact:  
Joanne Dodge, Senior Moments Director  
603 749-2084 or [joannedodge@comcast.net](mailto:joannedodge@comcast.net)



**Senior Moments**  
An Acting Troupe of Men and Women Over the Age of 55  
in Assisted Living Homes  
Special Anniversary Theatre presents

**Rep**  
Senior Moments

*New and Improved!*

**THE OZ NURSING HOME**

An Original  
Comedy About Seniors  
By Seniors

Sunday, June 6<sup>th</sup>  
at 7pm  
and  
Monday, June 7<sup>th</sup>  
at 2pm

TICKETS ONLY \$10 in advance  
or \$12 at the door

ONLY TWO PERFORMANCES  
EASILY ACCESSIBLE PARKING AND SEATING  
GREAT GROUP RATES ARE AVAILABLE!

This life is greatly sponsored by: **AARP** Living Better Now **NEW ENGLAND** Living Better Now

Senior Moments' concert and educational programs are funded in part by grants from: **United Way** **Arts** **Seacoast Rep**

**Bethany Church**  
300 Breakfast Hill Road, Greenland, NH  
For tickets call 603.433.4472  
or visit [www.seacoastrep.org](http://www.seacoastrep.org)

# PASA

*Recreation.*

*The Benefits are  
endless.*

North Hampton Recreation  
233 Atlantic Ave  
North Hampton, NH 03862